



## NEWS RELEASE

### **CANADIAN SPIRIT RESOURCES INC. ANNOUNCES MANAGEMENT CHANGE**

Calgary, AB October 10, 2008 – Canadian Spirit Resources Inc. (“CSRI” or the “Company”) (TSXVENTURE:SPI) (OTCBB:CSPUF) announces that Ken Sinclair, Vice President, Business Development will be leaving the Company effective immediately to pursue personal interests. Ken will continue his relationship with CSRI as a consultant.

“Joining the Company in 2002, Ken was a key member of the team that identified the unconventional natural gas potential of the Farrell Creek area in northeast British Columbia where the Company is now actively pursuing the Gething and Montney Formations. Ken’s vision and persistence has enabled CSRI to build a strong land position with huge potential and we look forward to his continued contribution as a consultant to the Company” said Don Gardner, Chief Executive Officer.

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Company is to develop 1 tcf of natural gas from unconventional resource plays in western Canada. Through two joint ventures, the Company is currently evaluating the productive capability of both its shallow Gething play (see News Release dated July 17, 2008) and its deeper Montney play (see News Release dated March 19, 2008). Both of these plays are located on the Company’s principal resource property at Farrell Creek, British Columbia.

On behalf of the Board of Directors,  
**CANADIAN SPIRIT RESOURCES INC.**

“Don Gardner”

Chief Executive Officer

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*The corporate information contained in this news release may contain forward-looking forecast information. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonably accurate by CSRI at the time of preparation, may prove to be incorrect. The actual results achieved during the forecast period will vary from the information provided herein and the variations may be material. Consequently there is no representation by CSRI that actual results achieved during the forecast period will be the same in whole or in part as those forecast.*

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