



NEWS RELEASE

CANADIAN SPIRIT RESOURCES INC. INCREASES LAND POSITION

Calgary, AB March 30, 2009 – Canadian Spirit Resources Inc. (“CSRI” or the “Company”) (TSXVENTURE:SPI) (OTCBB:CSPUF) is pleased to announce that on behalf of the joint venture, the Company was successful in acquiring eight sections (5120 acres) of Montney Formation and other deep rights and two sections (1280 acres) of Gething Formation and other shallow rights at a recent British Columbia crown sale. All of the sections acquired are adjacent to existing CSRI Gething and Montney rights on the east portion of the Farrell Creek property and adds to the material size of this unconventional gas project.

At Farrell Creek, the Company now holds a total of approximately 50 sections of Gething and other shallow rights (32,000 acres) and approximately 46 sections of Montney and other deep rights (29,440 acres).

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Company is to develop 1 trillion cubic feet of natural gas from unconventional resource plays in western Canada.

The Company is currently evaluating the productive capability of both its shallow Gething play and its deeper Montney play through joint ventures with two well-capitalized partners. Both of these plays are located on the Company's principal resource property at Farrell Creek, British Columbia. CSRI is well funded with \$11.1 million of working capital (\$0.23 per share) and has minimal current capital requirements associated with the Farrell Creek property.

Information regarding CSRI is available on SEDAR at www.sedar.com or the Company's website at www.csri.ca.

On behalf of the Board of Directors,
CANADIAN SPIRIT RESOURCES INC.

“Don Gardner”

Chief Executive Officer & Secretary

For further information, please contact:
Canadian Spirit Resources Inc.
Telephone (403) 539-5005
Facsimile (403) 262-4177

Phil Geiger (phil.geiger@csri.ca)
Don Gardner (don.gardner@csri.ca)
OR INVESTOR RELATIONS
Adam Buchanan (adam.buchanage@csri.ca)

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