



NEWS RELEASE

CANADIAN SPIRIT RESOURCES INC. ANNOUNCES INSIDER SHARE PURCHASES

Calgary, AB April 3, 2009 – Canadian Spirit Resources Inc. (“CSRI” or the “Company”) (TSXVENTURE:SPI) (OTCBB:CSPUF) is pleased to announce that during the three months ended March 31, 2009, directors and officers increased their ownership in the Company by 308,000 common shares. This brings their total ownership, including shares held by associates, to 1.5 million shares. The Company has share ownership guidelines for directors and officers and provides a period of time to achieve such guideline levels. Holdings and transactions by directors and officers of CSRI in the Company’s securities may be reviewed at www.sedi.ca.

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Company is to develop 1 trillion cubic feet of natural gas from unconventional resource plays in western Canada.

The Company is currently evaluating the productive capability of both its shallow Gething play and its deeper Montney play through joint ventures with two well-capitalized partners. Both of these plays are located on the Company’s principal resource property at Farrell Creek, British Columbia. CSRI is well funded with C\$11.1 million of working capital (\$0.23 per share) and has minimal current capital requirements associated with the Farrell Creek property.

Information regarding CSRI is available on SEDAR at www.sedar.com or the Company’s website at www.csri.ca.

On behalf of the Board of Directors,
CANADIAN SPIRIT RESOURCES INC.

“Don Gardner”

Chief Executive Officer & Secretary

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The corporate information contained in this news release may contain forward-looking forecast information. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonably accurate by CSRI at the time of preparation, may prove to be incorrect. The actual results achieved during the forecast period will vary from the information provided herein and the variations may be material. Consequently there is no representation by CSRI that actual results achieved during the forecast period will be the same in whole or in part as those forecast.

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