



NEWS RELEASE

CANADIAN SPIRIT RESOURCES INC. ANNOUNCES INTENTION TO MAKE A NORMAL COURSE ISSUER BID

Calgary, AB April 14, 2010 – Canadian Spirit Resources Inc. (“CSRI” or the “Company”) (TSXVENTURE:SPI) (OTCBB:CSPUF) announces its intention to make a Normal Course Issuer Bid (the “NCIB”) through the facilities of the TSX Venture Exchange (the “Exchange”) pursuant to Exchange Policy 5.6.

The NCIB, which is subject to Exchange acceptance, would consist of the acquisition by CSRI of up to 2,500,000 common shares of its capital stock, representing 4.6 percent of the 54,135,901 common shares of CSRI issued and outstanding. Purchases may commence three trading days following filing of a notice and supporting documents in final form with the Exchange. Filing of these documents is expected to take place on or before April 15, 2010.

The NCIB would be conducted on behalf of CSRI by CIBC World Markets Inc., BCE Place, 5th Floor, 161 Bay Street, Toronto, Ontario M5J 2S8.

CSRI is of the opinion that recent trading does not reasonably reflect the strong working capital position of the Company, the planned 2010 capital spending by its joint venture partner on the Montney Formation in northeastern British Columbia nor the value of its material land position in the Farrell Creek area. CSRI will utilize a portion of its existing cash resources to effect purchases under the proposed NCIB. Share purchases under the NCIB will be made at management’s discretion based on market conditions.

During the period December 2008 through November 2009, the Company purchased 974,500 common shares at an average price of \$0.73 per share pursuant to a prior NCIB. These purchases represented 2.0 percent of the total number of common shares outstanding at the commencement of the prior NCIB.

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Company is to develop 1 trillion cubic feet of natural gas from unconventional resource plays in western Canada. The Company is currently evaluating the productive capability of both its shallow Gething play and its deeper Montney play through joint ventures with two well-capitalized partners. Both of these plays are located on the Company’s principal resource property at Farrell Creek, British Columbia.

Information regarding CSRI is available on SEDAR at www.sedar.com or the Company's website at www.csri.ca.

On behalf of the Board of Directors,
CANADIAN SPIRIT RESOURCES INC.

"Don Gardner"

Chief Executive Officer

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The corporate information contained in this news release may contain forward-looking forecast information. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonably accurate by CSRI at the time of preparation, may prove to be incorrect. The actual results achieved during the forecast period will vary from the information provided herein and the variations may be material. Consequently there is no representation by CSRI that actual results achieved during the forecast period will be the same in whole or in part as those forecast.

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