



## NEWS RELEASE

### **CANADIAN SPIRIT RESOURCES INC. FILES NI 51-101 (SECTION 2.2) DISCLOSURE DOCUMENTS**

Calgary, AB May 4, 2010 – Canadian Spirit Resources Inc. (“CSRI” or the “Corporation”) (TSXVENTURE:SPI) (OTCBB:CSPUF) announces that on April 29, 2010 the Corporation filed its Annual Information Form (“AIF”) for the year ended December 31, 2009 with Canadian securities regulators on the System for Electric Document Analysis and Retrieval (“SEDAR”). The AIF includes the disclosure and reports relating to oil and gas reserves data and other disclosures for oil and gas activities required pursuant to National Instrument 51-101 of the Canadian Securities Administrators. A copy of the AIF can be found for viewing through the Corporation’s website at [www.csri.ca](http://www.csri.ca) and on [www.sedar.com](http://www.sedar.com).

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Corporation is to develop 1 trillion cubic feet of natural gas from unconventional resource plays in western Canada. The Corporation is currently evaluating the productive capability of both its shallow Gething play and its deeper Montney play through joint ventures with two well-capitalized partners. Both of these plays are located on the Corporation’s principal resource property at Farrell Creek, British Columbia.

On behalf of the Board of Directors,  
**CANADIAN SPIRIT RESOURCES INC.**

“Don Gardner”

Chief Executive Officer & Secretary

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*The corporate information contained in this news release may contain forward-looking forecast information. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonably accurate by CSRI at the time of preparation, may prove to be incorrect. The actual results achieved during the forecast period will vary from the information provided herein and the variations may be material. Consequently there is no representation by CSRI that actual results achieved during the forecast period will be the same in whole or in part as those forecast.*

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