



NEWS RELEASE

CANADIAN SPIRIT RESOURCES INC. ANNOUNCES APPOINTMENT

Calgary, AB May 6, 2010 – Canadian Spirit Resources Inc. (“CSRI” or the “Corporation”) (TSXVENTURE:SPI) (OTCBB:CSPUF) announces that effective immediately Paul A. Smolarchuk has been appointed Vice President, Engineering & Operations of the Corporation. Mr. Smolarchuk has been Operations Manager since December 2007.

Paul is a Professional Engineer with over thirty years of experience in the upstream petroleum industry in Western Canada and Canada’s East Coast Offshore. He is a graduate of the University of Alberta with a B.Sc. (Eng) in Petroleum Engineering and of the Northern Alberta Institute of Technology in Chemical Engineering Technology.

Since 1985, Paul has been actively involved in the development of unconventional gas projects in Canada with particular expertise in the design and execution of stimulation programs. His experience includes drilling, production, exploitation optimization and reservoir engineering with major production and service companies in North America.

Commenting on Mr. Smolarchuk’s appointment, Don Gardner, Chief Executive Officer, stated “we are very pleased to have Paul as a key member of the team at CSRI”. “Paul’s breadth of technical and management experience is critical to our success in the unconventional gas business where new technology is unlocking large natural gas plays”.

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Corporation is to develop 1 trillion cubic feet of natural gas from unconventional resource plays in western Canada. The Corporation is currently evaluating the productive capability of both its shallow Gething play and its deeper Montney play through joint ventures with two well-capitalized partners. Both of these plays are located on the Corporation’s principal resource property at Farrell Creek, British Columbia.

On behalf of the Board of Directors,
CANADIAN SPIRIT RESOURCES INC.

“Don Gardner”

Chief Executive Officer & Secretary

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