



NEWS RELEASE

CANADIAN SPIRIT RESOURCES INC. ANNOUNCES COMMENCEMENT OF MONTNEY DRILLING PROGRAM

Calgary, AB June 8, 2010 – Canadian Spirit Resources Inc. (“CSRI” or the “Corporation”) (TSXVENTURE:SPI) (OTCBB:CSPUF) is pleased to announce that spring road bans have been removed in the Farrell Creek, B.C. area enabling Canbriam Energy BC Partnership (“Canbriam”), operator of the Farrell Creek Montney joint venture to begin preparations for an active drilling and development program for the balance of 2010. This significant capital program is expected to result in meaningful natural gas production and cash flow by the end of the calendar year.

The capital program will begin in the next few weeks with two simultaneous operations. At the c-A48-I location, a horizontal well drilled into the lower portion of the Montney Formation during the first quarter 2010 will be fracture stimulated and tested. The purpose of this test is to determine the economics of exploiting the lower portion of the 300 metre thick Montney Formation during future development of the prolific upper portion of the Montney Formation in the area.

The second operation to commence by the end of June will be the drilling of a horizontal well targeting the upper portion of the Montney Formation at the c-18-I location. The fracture stimulation and testing of this well is expected to occur in August.

Other activities planned for the second half of 2010 include the drilling, fracturing and testing of two additional horizontal wells in the upper portion of the Montney Formation at the c-18-I and c-A48-I locations and the construction of a 10-20 million cubic feet per day gas production facility. The c-18-I and c-A48-I wells will be tied into this modular and expandable gas facility which will be located in close proximity to the Spectra Energy sales pipeline, near the Corporation’s b-17-I location.

The Corporation is currently being carried for the 2010 capital program by its joint venture partner Canbriam but expects to begin contributing its working interest share of capital during the third quarter 2010 subject to an election by Canbriam to increase its working interest in the Farrell Creek Montney joint venture from 65 to 70 percent. Should Canbriam elect to increase its working interest, CSRI would be carried for additional gross capital expenditures of approximately C\$21.0 million.

The Corporation currently has a working capital position of C\$12.0 million and no debt.

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Corporation is to develop 1 trillion cubic feet of natural gas from resource plays in western Canada. The Corporation is currently evaluating the productive capability of both its shallow Gething play and its deeper Montney play through joint ventures with two well-capitalized partners. Both of these plays are located on the Corporation's principal resource property at Farrell Creek, British Columbia.

Information regarding CSRI is available on SEDAR at www.sedar.com or the Company's website at www.csri.ca.

On behalf of the Board of Directors,
CANADIAN SPIRIT RESOURCES INC.

"Don Gardner"

Chief Executive Officer

For further information, please contact:
Canadian Spirit Resources Inc.
Telephone (403) 539-5005
Facsimile (403) 262-4177

Phil Geiger (phil.geiger@csri.ca)
Don Gardner (don.gardner@csri.ca)
OR INVESTOR RELATIONS
Adam Buchanan (adam.buchanan@csri.ca)

The corporate information contained in this news release may contain forward-looking forecast information. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonably accurate by CSRI at the time of preparation, may prove to be incorrect. The actual results achieved during the forecast period will vary from the information provided herein and the variations may be material. Consequently there is no representation by CSRI that actual results achieved during the forecast period will be the same in whole or in part as those forecast.

THE TSX VENTURE EXCHANGE HAS NEITHER APPROVED NOR DISAPPROVED
THE INFORMATION CONTAINED HEREIN AND DOES NOT ACCEPT RESPONSIBILITY
FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE