



## NEWS RELEASE

### **CANADIAN SPIRIT RESOURCES INC. ANNOUNCES 92 PERCENT INCREASE IN MONTNEY LAND POSITION**

Calgary, AB June 30, 2010 – Canadian Spirit Resources Inc. (“CSRI” or the “Corporation”) (TSXVENTURE:SPI) (OTCBB:CSPUF) is pleased to announce that at recent British Columbia land sales, the Corporation acquired additional Montney Formation rights in 17.3 gross sections (14.4 net sections or 9,213 net acres) in the Farrell Creek area of northeastern British Columbia.

The lands acquired are contiguous to the Corporation’s existing lands at Farrell Creek and increase the Corporation’s net land position in the Montney shale play by approximately 92 percent to over 29 net sections. The drilling licences acquired include rights from the base of the Nikanassin Formation to basement including the Montney, Doig and other prospective formations.

Commenting on the successful land sale, Don Gardner, Chief Executive Officer of CSRI stated “July will be an active period with our joint venture partner, Canbriam Energy BC Partnership currently fracture stimulating the lower Montney Formation at the c-A48-I location, and Crew Energy completing a Montney horizontal well at the Portage c-20-E location immediately south of our recently acquired lands”.

Following this significant land acquisition and the closing of the recent private placement, the Corporation’s working capital position remains at approximately C\$12.0 million with no debt.

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Corporation is to develop 1 trillion cubic feet of natural gas from resource plays in western Canada.

Information regarding CSRI is available on SEDAR at [www.sedar.com](http://www.sedar.com) or the Corporation’s website at [www.csri.ca](http://www.csri.ca).

On behalf of the Board of Directors,  
**CANADIAN SPIRIT RESOURCES INC.**

“Don Gardner”

Chief Executive Officer

For further information, please contact:  
Canadian Spirit Resources Inc.  
Telephone (403) 539-5005  
Facsimile (403) 262-4177

Phil Geiger ([phil.geiger@csri.ca](mailto:phil.geiger@csri.ca))  
Don Gardner ([don.gardner@csri.ca](mailto:don.gardner@csri.ca))  
OR INVESTOR RELATIONS  
Adam Buchanan ([adam.buchanan@csri.ca](mailto:adam.buchanan@csri.ca))

*The corporate information contained in this news release may contain forward-looking forecast information. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonably accurate by CSRI at the time of preparation, may prove to be incorrect. The actual results achieved during the forecast period will vary from the information provided herein and the variations may be material. Consequently there is no representation by CSRI that actual results achieved during the forecast period will be the same in whole or in part as those forecast.*

NEITHER THE TSX VENTURE EXCHANGE NOR ITS REGULATION SERVICES PROVIDER  
(AS THAT TERM IS DEFINED IN THE POLICIES OF THE TSX VENTURE EXCHANGE)  
ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE