



NEWS RELEASE

CANADIAN SPIRIT RESOURCES INC. ANNOUNCES APPOINTMENT

Calgary, AB February 14, 2008 – Canadian Spirit Resources Inc. (“CSRI” or the “Company”) (“SPI” TSX Venture) announces that effective immediately Donald R. Gardner has been appointed Chief Executive Officer of the Corporation. Mr. Gardner has been Chief Financial Officer and Secretary of the Corporation since January 2003 and will continue in this role for an interim period.

Phillip D.C. Geiger, President and Chief Operating Officer of the Corporation will continue to focus on achieving the key operating objectives of productivity, cash flow and reserves at Farrell Creek, British Columbia.

Commenting on his appointment, Mr. Gardner stated that “the effective funding for the development of the Company’s Farrell Creek property together with improved shareholder communication are two of our principal goals. The 1.8 tcf of discovered resource in the Gething and Moosebar Formations as well as the potential resource in deeper formations represent a tremendous opportunity for the Company and its shareholders. All exploration and development options will be considered.”

CSRI is a natural resources company focusing on the identification and development of opportunities in the unconventional gas sector of the energy industry. The mission of the Company is to develop 1 tcf of natural gas from unconventional resource plays in western Canada. The Company has identified a 1.8 tcf discovered resource play (see News Release dated May 8, 2007), assembled a unique, 100 percent working interest land position in approximately 40,000 gross acres in northeast British Columbia and is currently evaluating the productive capability of its principal resource property at Farrell Creek, British Columbia.

On behalf of the Board of Directors,
CANADIAN SPIRIT RESOURCES INC.

“Don Gardner”

Chief Executive Officer

For further information, please contact:

Canadian Spirit Resources Inc.

Telephone (403) 539-5005

Don Gardner (don.gardner@csri.ca)

Facsimile (403) 262-4177

Phil Geiger (phil.geiger@csri.ca)

OTC Bulletin Board Symbol (Foreign) “CSPUF”

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